

A bootyful baby roid

by Dr. David Gutman,
Advanced Hemorrhoid Specialists

You're pregnant. Congratulations! And while you're excited about the arrival of your new bundle of joy, something you weren't expecting may be growing as well. Hemorrhoids.

Hemorrhoids can develop during pregnancy, typically during the third trimester or at delivery. During the third trimester, the weight of the baby pushing down can cause hemorrhoids to enlarge. Hormonal changes can also be a factor, as hemorrhoids can have estrogen receptors.

During delivery, the intense pressure from pushing makes hemorrhoids flare up, sometimes severely.

After delivery hemorrhoids often settle down on their own, usually within a month or two. But if symptoms persist for longer than that, treatment may be needed.

Treatment cannot be done during pregnancy, so a woman that already has hemorrhoids should get treated before pregnancy. This will help to minimize her chances of developing worsening symptoms



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during pregnancy.

I have two treatments designed to safely eliminate hemorrhoids. One reduces the blood flow that feeds the hemorrhoids, improving inflammation and causing them to shrink. The other is better suited to removing larger hemorrhoids. Both take just a few seconds to do. Since they are performed in an area with no nerve endings, they can be administered right in the comfort of my office without anesthesia.

There is virtually no pain, no prep needed, there are no major restrictions, and you don't have to take time off of work. Consultations are free of charge, and our procedures are covered by insurance.

To reach Dr. David Gutman of Advanced Hemorrhoid Specialists, call 216-772-4653. He has two office locations: 25200 Chagrin Blvd, Suite 109, in Beachwood; and 2660 W. Market Street, Suite 250, in Fairlawn. To learn more, visit SensitiveCare.com.