

Hemorrhoid date night

by Dr. David Gutman,
Advanced Hemorrhoid Specialists

I had a patient who likes to take his wife out for date night. The problem was his hemorrhoids went along for the ride...making him uncomfortable, self-conscious, and challenged to enjoy their time together. I said to him, you take out your wife, and I'll take out your hemorrhoids.

Does this scenario sound familiar? Are you avoiding social situations or intimacy because your hemorrhoids have become a third wheel? Is the quality of your interactions suffering because you are?

People with hemorrhoids tend to get so caught up in focusing on the pain, burning, itching and bleeding that they can't relax and enjoy the where and who involved in a social situation. They worry that what they're wearing might highlight spotting or leakage. They worry that they won't be able to control the urge to itch. And they worry about being uncomfortable and wanting to leave.

Here's how I can help you to reclaim



David Gutman, MD

your relationships. I have two treatments designed to safely eliminate hemorrhoids. One reduces the blood flow that feeds the hemorrhoids, improving inflammation and causing them to shrink. The other is better suited to removing larger hemorrhoids. Both take

just a few seconds to do. Since they are performed in an area with no nerve endings, they can be administered right in the comfort of my office without anesthesia.

There is virtually no pain, no prep needed, there are no major restrictions, and you don't have to take time off of work. Consultations are free of charge, and our procedures are covered by insurance.

To reach Dr. David Gutman of Advanced Hemorrhoid Specialists, call 216-772-4653. He has two office locations: 25200 Chagrin Blvd, Suite 109, in Beachwood; and 2660 W. Market Street, Suite 250, in Fairlawn. To learn more, visit SensitiveCare.com.