

Ants in your pants

by Dr. David Gutman,
Advanced Hemorrhoid Specialists

We've spent months being cooped up inside and most of us are itching to get out and do things again. But if you've been suffering in seclusion with hemorrhoids, the feeling of having ants in your pants likely started long before it was okay to venture out.

One of the symptoms of hemorrhoids is often an uncontrollable itch. The reason your butt itches so bad is because when internal hemorrhoids become irritated, they produce mucus. That mucus contains histamine and other inflammatory chemicals. When the mucus makes its way to the outside of your bottom, it causes an uncontrollable itch. Since the problem originates on the inside, applying over-the-counter products to the outside doesn't work to eliminate the need to scratch.

External hemorrhoids aren't the culprit here, it's the hemorrhoids on the inside.

I offer two methods to treat hemorrhoids. One reduces the blood



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flow that feeds the hemorrhoids, improving inflammation and causing them to shrink. The other is better suited to removing larger hemorrhoids. Both take just a few seconds to do. Since they are performed in an area with no nerve endings, they can be administered right in the comfort of my office without anesthesia.

There is virtually no pain, no prep needed, there are no major restrictions, and you don't have to take time off of work. Consultations are free of charge, and our procedures are covered by insurance.

To reach Dr. David Gutman of Advanced Hemorrhoid Specialists, call 216-772-4653. He has two office locations: 25200 Chagrin Blvd, Suite 109, in Beachwood; and 2660 W. Market Street, Suite 250, in Fairlawn. To learn more, visit SensitiveCare.com.